



mahomet + united + methodist + church

Our Mission: To know Christ's love and share it with our neighbors through service and education.

6/1/2016, Volume 21, Issue 6

From John,

*And now faith, hope, and love abide, these three;
and the greatest of these is love.*

I Corinthians 13:13, NRSV

It should not be news to you, but let me raise this to your awareness. There is a manipulation strategy based on increasing your negative energy. Some people do it deliberately, for some it is a subconscious pattern. Negative energy is more powerful and dramatic in the short run. In the long run, it is tiring and wearisome. Anxiety, fear, guilt, jealousy, hatred, envy, anger, indignation, shame, inadequacy are all strong emotions that we are inclined to act on quickly and dramatically.

Think of the times someone has tried to increase a negative emotion in you and then motivate you to their desired effect. They are playing off of primal preservation instincts. We have powerful feelings, like fear, that sometimes correctly motivate us to act. Think fight or flight.

To mature and grow in our emotional health, to learn appropriate emotional expression is where we want to be. To be able to recognize when someone is trying to manipulate us through negative emotions is to develop a resistance to this behavior. It saves us from wasting energy, responses that are mistakes, and a cynical sense of life and people.

I write this because of the nature of public discourse in our country and culture. We see this in very strident debates in politics. Much is at stake, so it has and will be severely negative. No side has been exempt from this. We see this in arenas that should be harmless like sports. Why do people try to obliterate adversaries with words?

A Christian must develop the strength of faith that embraces and exemplifies the virtues of faith over and against this negative culture. Name with me the virtues of faith; I Corinthians will help us: patience, kindness, humility, courage, compassion, generosity, a love of justice and doing the right thing, loyalty to truth, faithfulness, trust, forgiveness, grace, hopefulness, gratitude, the capacity to be in awe and celebrate beauty, and "the greatest of these is love."

Think on these. Meditate on these. Pray for these. Deliberately and consciously grow these. It is a better way of living. The way of negativity is wearisome, the way of the virtues of faith is joyful. The world needs these virtues embodied in us. These are what endures. The enduring virtues of faith are what changes the world, perhaps slowly and in increments, yet they last. With love, as embodied in Jesus Christ, God is working for the long haul; well, for eternity.

Safe Sanctuaries at MUMC

Have you noticed more children around the church? We have! With the growing presence of youth and vulnerable adults in our building and on our grounds, we are proactively trying to build MUMC as an even safer place for children and vulnerable adults. We want our members, as well as the community, to know that we are continually taking steps to protect those around us from physical, emotional, and spiritual harm. To outline what we feel is best for our church, we have developed the MUMC Safe Sanctuary Policy.

What is it?

Safe Sanctuaries is a social structure consistent with the gospel, allowing our classrooms, missions, camps, and all spaces to worship and serve God in a place of trust. This policy provides additional instruction and guidance to the procedures already in place at MUMC.

Why now?

MUMC wants to be proactive, not reactive. We have the chance to tweak our ministries and programs in a positive way that is strongly encouraged by The United Methodist Church.

How do I see the policy?

We encourage everyone to read the Safe Sanctuary policy which will be available upon request by hard copy, or can be viewed on our website (www.mumc.org). The Safe Sanctuary Committee is currently working on the procedures to implement this plan so look for that coming down the pipeline in the future.



FROM THE PARISH NURSE

Stroke strikes fast. You should too.

You can have high blood pressure, or hypertension, and still feel just fine.

High blood pressure is common in older people and, if not controlled, can lead to serious health problems, like stroke. A *stroke* is a blood clot or broken blood vessel in your brain.

Have your blood pressure checked regularly. If you are diagnosed with high blood pressure, talk to your doctor about managing your blood pressure to lower your risk of stroke.

Be prepared!

Learn the **signs of stroke**:

- Sudden numbness or weakness in the face, arm, or leg—especially on one side of the body
- Sudden confusion or trouble speaking or understanding
- Sudden problems seeing in one eye or both eyes
- Sudden dizziness, loss of balance or coordination, or trouble walking
- Sudden severe headache with no known cause

DON'T IGNORE THE SIGNS OF STROKE!

Call 911 right away if you see or feel any symptoms.

Everyone should know the stroke warning signs. Share this information with your friends and relatives—**you could save a life.**



UNITED METHODIST WOMEN JUNE 2, 1 PM

Program: International Adoption
Hostess: Janet Thompson
No meetings in July or August

Circuit Rider Deadline: Friday, June 24

Committees, classes, and groups: If you have information about upcoming events, please let us know.

Jewelry Class

Jewelry-making classes will resume **June 21st at 1 pm** in the library. We will be trying some new things this year—more wire, more earrings, different things. Please watch the bulletins for updates. Get your pliers ready and find your creative mojo once more. Mark your calendar and put your name on my list. See you there!

Cindy Bell, grannybell@mchsi.com

Wesley Spirit Singers

Please join us for some informal singing and reminiscing!

Tuesday, June 14 at 1 pm

**Note: earlier time than usual*

The Glenwood
1709 S. Division St., Mahomet

For questions, contact:

Alice Nelson at alioop55@mchsi.com
Cindy Bell at grannybell@mchsi.com



Helping Hands Work Days

Once a year, Mahomet United Methodist Church provides workers to the Mahomet Helping Hands Center to help with the collection and distribution of food and clothing.

This year, we are scheduled for the following dates:

June 11, 9-11:30 am, accept donations of clothing

June 18, 9-11:30 am, distribution of food



If you are able to participate with MUMC's turn at staffing the Helping Hands Center, please email Karen Wilkinson at wwilkinson@mchsi.com.

Sunday Morning Discipleship Classes

The Sunday morning discipleship class is continuing its study of *The Thirteen Apostles* by J. Ellsworth Kalas. This book looks at each of Jesus' apostles as a servant in ministry, a human being, and an individual as drawn from Scripture as well as historical writings and tradition.

Our other ongoing Sunday morning class is studying the Book of Revelations.



Cowabunga Dudes!

Hey brah, it is time to get amped up for the MUMC VBS. Whether you are a benny or a local, everyone is invited to our epic program. This adventure offers a wipe-out free time which includes crafts that totally shred, gnarlacious science projects, new dance moves at the impact zone, and gettin' your grub on at the snack shack. By the end of the week, we hope to catch the wave of God's unending love.

This is a free program for the community so get your long-board and surf on in to the MUMC Vacation Bible School this **July 11-15th, 9 am until Noon**. We will be so stoked to see you there!



Get Ready!

It's time for the annual church-wide rummage sale!

Donations are now being accepted. We ask that all items be clean and in working order. Electronics and large entertainment centers will NOT be accepted.

All proceeds will go towards Missions. Please visit the Welcome Center to sign-up to volunteer. Thank you!

**June 9,
4 pm-7 pm**

**June 10,
8 am-1 pm**

**June 11,
8 am-noon**

CONGRATULATIONS CLASS OF 2016!

High School Graduates



- Nathan Allen
- Tyler Anglin
- Annie Jessup
- Sarah Mason
- Jillian Painter
- Sydney Scott

College Graduates

- Charlotte Goss
- Rachel Rodriguez
- Samantha Schroeder



Turner Punch

- 4c. Sugar
 - 6c. Water
- Boil until clear and then add:
- 1 large can **Frozen Orange Juice** plus water
 - 1 small can **Frozen Lemonade** plus water
 - 46 oz. can **Pineapple Juice**
 - 3 mashed **Bananas**
 - 3 (28 oz.) Bottles **Ginger Ale**





THANK YOU

A big thank you to everyone who helped with the Fellowship Feast this past season—making desserts, clean-up, coffee, drink station, set-up, food delivery—all the things you do to make these events possible. Our next Fellowship Feast will be Sept. 4.

Also thank you to all the diners who generously support our efforts.

We also enjoyed serving the Gourmet meals—Valentine's day, Mother's day, etc. Our next gourmet meal will be in August with Val Woodruff planning a great menu for you.

Thank you,

The Kitchen Crew

To all the wonderful women who helped with Mom's celebration lunch,

Thank you so much. The food was delicious and enjoyed by our family and friends. We appreciated the opportunity to eat, relax, and continue to visit with guests from near and far. Mom would have loved it! And thanks for making it extra special by making the Turner punch and cookies that she requested!!

Thanks again and God bless each and every one of you.

Mary Blaudow

I would like to thank everyone for their calls, cards, concerns, and prayers during my sister's (Cobina Reynolds) illness and death. Also a special thanks to Rev. McIntosh for his visits and prayers with my sister while in the hospital. She really enjoyed her talks with him.

God bless all,

Evelyn Epperson & family

Thanks to all who helped with the UMW Spring Breakfast. It was great fellowship and a great program. Thanks to Vince & Robin Lambert for sharing about their Prayer Shawl Ministry.

Janet Thompson

Thank you to our wonderful musicians who make our worship services so enjoyable! Thank you for your time and dedication and for sharing your talents. We appreciate all that you do and the joy that you bring each Sunday morning!

CONGRATULATIONS

Our congratulations go out to:

- Maureen Brothman & Andrew Chamberlain upon the birth of their son, Asher Maxwell Steven Chamberlain, born on May 20.
 - John and Marilyn Mohr on their 65th wedding anniversary.
 - Nayelli Rebecca Sierra, daughter of Sara McElmurry and Angel Sierra, granddaughter of Rick and Roberta McElmurry, who received Holy Baptism on May 8th.
-

IN SYMPATHY

Our sympathies are extended to the following families.

Please keep them all in your prayers

- The family of Hazel Dodd who passed away on May 18th.
- The family of Hubert Prah who passed away on May 17th. A memorial service will be held at the Mahomet United Methodist church on June 23rd at 10:30 am.
- The family and friends of Geraldine Hickle who passed away on May 10.
- Prayers for the family of Cobina Reynolds who passed away on May 11.



Thank you to all of the volunteers who helped make each of Wonderful Outreach Wednesdays a special night of the week. This includes the helpers with our children's programs, our presenters for the adult programs, and the wonderful cooks and helpers in the kitchen.

Look for WOW to return this fall with another season of exciting events!



JUNE, 2016 CALENDAR

WEDNESDAY, 6/1—Noon Scholarship deadline

THURSDAY 6/2—8:30 am Women’s Small Group at Mahomet Family Restaurant; **1 pm** UMW Meeting; **7 pm** Staff-Parish

SATURDAY, 6/4—Noon AA

COMMUNION SUNDAY, 6/5—Helping Hands Drive; 8:30 am Worship; **9:30 am -Noon** Blood Pressure Checks; **9:45 am** Discipleship for All Ages; **10:45 am** Worship with Praise Band; **5 pm** AA

MONDAY, 6/6—1 pm Mission Mondays; **6 pm** Mission Team

TUESDAY, 6/7—7 pm AA; **7 pm** Al Anon

WEDNESDAY 6/8-FRIDAY 6/11—Illinois Great Rivers Conference in Peoria

THURSDAY 6/9—8:30 am Women’s Small Group at Mahomet Family Restaurant; **4-7 pm** Rummage Sale; **7 pm** Church Council

FRIDAY, 6/10—8 am-1 pm Rummage Sale

SATURDAY, 6/11—8 am-Noon Rummage Sale; **Noon** AA

SUNDAY, 6/12—8:30 am Worship; **9:45 am** Discipleship for All Ages; **10:45 am** Worship with Praise Band; **5 pm** AA

MONDAY, 6/13—1 pm Mission Mondays

TUESDAY, 6/14—1 pm Wesley Spirit Singers at Glenwood; **7 pm** Finance; **7 pm** Safe Sanctuaries; **7 pm** AA; **7 pm** Al Anon

THURSDAY, 6/16—8:30 am Women’s Small Group at Mahomet Family Restaurant

SATURDAY, 6/18—Noon AA

SUNDAY, 6/19, FATHER’S DAY—8:30 am Worship; **9:45 am** Discipleship for All Ages; **10:45 am** Worship with Praise Band; **5 pm** AA

MONDAY, 6/20—1 pm Mission Mondays

TUESDAY, 6/21—1 pm Jewelry Class; **7 pm** AA; **7 pm** Al Anon

THURSDAY, 6/23—8:30 am Women’s Small Group at Mahomet Family Restaurant

SATURDAY, 6/25—Noon AA

SUNDAY, 6/26—8:30 am Worship; **9:45 am** Discipleship for All Ages; **10:45 am** Worship with Praise Band

MONDAY, 6/27-FRIDAY, 7/1—10 am–12:30 pm Candlewood Lunch Program

MONDAY, 6/27—1 pm Mission Mondays

TUESDAY, 6/28—Noon Mahomet Senior Citizens Potluck; **7 pm** AA; **7 pm** Al Anon

THURSDAY 6/30—8:30 am Women’s Small Group at Mahomet Family Restaurant

Worship Attendance Figures for May, 2016

	8:30 am	10:45 am	Total
May 1	110	81	191
May 8	113	71	184
May 15	125	77	202
May 22	133	70	203
May 29	102	81	183
May Total	583	380	963

Mahomet Senior Citizens Potluck

June 28, Noon

Election of Officers

Speaker Wayne Dukes,

Champaign County Regional Planning



Finance Update for April

For April of 2016, our income was \$53,569, our expenses \$31,681. The net for the month was \$21,888. the Easter offering was \$2,966 and has been distributed to the ministries and missions of the United Methodist Church. It is the faithfulness of our members that makes us a vital church. Thank you.

Donations Needed Sunday, June 5

Helping Hands is in need of kleenex and paper towels as well as non-perishable food items to help members of our community. Please place donations in the grocery cart located at the welcome center.





mahomet + united + methodist + church

Our Mission: To know Christ's love and share it with our neighbors through service and education.

1302 E. South Mahomet Road, Mahomet, IL 61853-3729

Phone: (217) 586-2147 • FAX: (217) 586-3431

Email: mumc@mumc.org • www.mumc.org

Office Hours

Mon.-Thurs., 8:30 am - 4:30 pm; Fri., 8:30 am-12:30 pm

Sunday Worship

8:30 am Traditional Worship

10:45 am Contemporary Worship

Sunday Schedule

9:30 & 10:30 am Coffee Fellowship

9:45 am Sunday School/Discipleship Hour for All Ages

Church Staff

Rev. John McIntosh, Pastor ~ jmcintosh@mumc.org

Kathy Tock, Worship Music Director ~ tockwoman@gmail.com

Cathy Peters, Office Manager ~ cpeters@mumc.org

Ashley Little, Children's Ministry Director, Admin. Assist. ~ alittle@mumc.org

Dr. Carlos R. Carrillo Cotto, Organist

Kyle Shaw, Organist

Emily Kuchenbrod, Choir Director

Eileen Waters, Parish Nurse ~ enie@mediacombb.net

Carrie Roberts, Nursery Co-Coordinator

Ciara Duitsman, Nursery Co-Coordinator

Marty Butts, Custodian

